

## Touring Around...

Itinerary ideas to help you make the most of your stay.

### Shop Until You Drop Tour (weekend)

#### Day 1

Start your day at the Farmer's Market in the Town Square. This outdoor market features a variety of vendors selling produce, crafts, and various foods. (Hours are Saturdays 8am-2pm, mid-June through mid-September)

Check out the boutiques and shops in the downtown area. As you go from shop to shop, stop and look at the pocket parks located throughout downtown.

Stop at Badman Design to see many handcrafted items including jewelry, wine racks, picture frames, ornaments, tables, mirrors and much more.

A must stop is Widman's Candy Shop—a chocolate lover's heaven! Try their world famous "Chippers," which are actually chocolate-covered potato chips. They also offer other unique items such as chocolate-covered dill pickles, olives and jalapenos, along with more conventional favorites.

Enjoy lunch at one of many downtown local restaurants in Grand Forks or along the boardwalk of restaurants in East Grand Forks.

Cabela's, the world's foremost outfitter, is located on DeMers Avenue in downtown East Grand Forks. A 60,000-square-foot store, it features hunting and fishing equipment and outdoor gear—along with a waterfall, aquarium and several game mounts situated throughout.

The Riverwalk Centre is located just across the street from Cabela's. It houses specialty shops, a 12 screen movie theater and other new developments are underway.

Pay a visit to the Grand Cities Mall and check out the variety of stores and bingo hall.

Enjoy an meal at one of many fine area restaurants.

Attend a concert at the Alerus Center.  
(subject to scheduling)

#### Day 2

Have breakfast out at any one of our local restaurants or relax and have a continental breakfast in your hotel.

Off to the Columbia Mall to check out the 70 stores including Macy's, Sears, JC Penney, and more.

Enjoy a nice lunch in one of the mall area restaurants.

Next stop is the Marketplace, located across from the Columbia Mall. There are several well known retailers such as Super Target, Old Navy, Best Buy, Bed Bath & Beyond, Michael's Crafts, Kohl's, Gordman's Department Store, Famous Brand Foot Wear, and many others. You will easily be able to spend the majority of the afternoon checking out all the stores.

Have a delicious dinner, followed by a quiet evening at one of the many hotels, sitting by the pool or relaxing in the hot tub!

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### You Should See Us Now Tour

A video is available for viewing enroute to Greater Grand Forks. This video chronicles the Red River Valley's flood history and features footage of the historical '97 flood and fires that devastated our communities. Presented by our "step-on" guide, the '97 flood recovery tours through the community, showing the water damage, new developments, and the flood protection now in place. (approx. 1 hour)

Stops can easily be added along the way to check out some of the many impressive developments that have taken place since 1997.

Tour the \$100 million state-of-the-art Ralph Engelstad Hockey Arena, one of the finest in the world. You will want to check out the marble floors, leather seats, over 300 televisions, and more. The new addition of the Betty Engelstad Sioux Center, UND's basketball and volleyball facility, is also included in the tour. (Tours at 1:30 PM Monday thru Friday, approximately 1 hour 15 minutes)

Tour Cabela's, a 60,000-square-foot store featuring a 35-foot-high mountain with wild game mounts and gigantic aquarium featuring fish of the Red River Valley area. Public display fish feeding at Cabela's is scheduled on even calendar days.

The Marketplace features several popular retail stores including Super Target, Best Buy, Old Navy, Michael's Craft Store, Gordman's, Kohl's, Bed Bath & Beyond, Lowe's, and more.

### Aviation Today

Your group will enjoy touring Grand Forks Air Force Base. There are a variety of tours for you to choose from including: KC-135 Stratotanker; military working dog demonstration; control tour/radar approach control; Heritage Park; Cold War Memorial Park; sports and fitness center; and more. (approx. 4 hours depending on your choice of tours - two weeks advance notice needed)

After a morning of learning about our Air Force, your group will see the latest in technology at the John D. Odegard Aerospace Science Center—one of the top pilot training centers in the nation. The tour includes: high altitude chamber; flight simulators; air traffic control and air traffic control tower simulators; weather analysis; super computer; and more. (approx. 1 hour 15 minutes) Your group can also go out to the airport to see the planes, hangars, etc. (this adds approx. 1½ hours and you will need to transport the group to the airport)

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### Sports Tour (full day)

Start your day with 18 holes of golf at King's Walk, our 18-hole Arnold Palmer PGA signature course. (4 hours)

Enjoy lunch at the Eagle's Crest Grill located in the King's Walk Club House.

Following lunch, make a stop at Cabela's, the world's foremost outfitter, located on DeMers Avenue in downtown East Grand Forks. A 60,000-square-foot store, it features hunting and fishing equipment and outdoor gear. Check out the waterfall, aquarium and several game mounts located throughout.

At the Grand Cities Mall, you can test your climbing skills at the Northern Heights Rock Gym.

Tour the fabulous Ralph Engelstad Arena. A \$100 million hockey facility, it is one of the finest in the world. Be sure to check out the marble floors, leather seats, and more. You can also see the new Betty Engelstad Sioux Center addition—the home of the UND basketball and volleyball teams. Don't forget to make a stop in the pro shop to pick up UND Fighting Sioux souvenirs. (Monday thru Friday tours at 1:30 pm; approximate time: 1 hour 15 minutes)

Head back to the hotel and get ready for dinner at one of many local restaurants.

Attend an evening sporting event—perhaps a hockey or football game or the races at the River Cities Speedway.

### Agricultural Tour (one day)

Agriculture is the leading industry in the Red River Valley. Greater Grand Forks is located in the heart of the valley and has some of the richest farmland in the nation. Our major crops include sugar beets, wheat, potatoes, soybeans, sunflowers, and corn. Tours can be arranged to observe a working farm, harvest, the various types of crops grown, farm equipment, or perhaps a farm with several types of antique tractors. Your options will vary depending on the time of year you visit.

Drive through the countryside to see the various types of crops grown in the valley. If the timing is right, you may be able to watch the harvest.

Stop at the East Grand Forks Heritage Center, where you can enjoy a Buffalo Burger BBQ lunch and check out the antique farm equipment that was once used in the Red River Valley. In addition you can tour the pioneer home, church, general store and other buildings. There is also a Model Railroad Museum on the grounds. The layout is all DCC or computer controlled and it has the capacity to allow 99 engineers to operate at one time. (1½ hours for lunch and RR Museum)

Arrive at a local farm to learn about the farming business and see some of the equipment used to operate the farm. Learn more about the crops raised in the valley.

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### Art History Tour (one day)

Stop at Badman Design and meet David Badman, creator of such handcrafted items as jewelry, wine racks, picture frames, tables, mirrors, and much more. (1/2 hour)

Widman's Candy Shop, a chocolate lover's heaven, is a delicious stop for any tour. Try the world famous "Chippers" (chocolate-covered potato chips) or one of many other creations including chocolate-covered dill pickles, olives, pistachios and corn nuts. (1/2 hour depending on size of group and purchases)

Tour the historic Empire Arts Center and see the current exhibit. (1/2 hour)

Visit one of our art galleries such as Browning Arts, Arts Place or 3rd Street Gallery. As you walk around downtown, be sure to stop and check out the many statues and pocket parks.

Lunch at one of the downtown restaurants.

Visit the ND Museum of Art and see the current exhibit, as well as the permanent collection of art. (45 minutes)  
Take a coffee break in the lower level of the museum and enjoy a great cup of coffee and one of their delicious desserts. Make a stop at the museum gift shop before leaving and check out the unique gifts available from around the world.

Return to the hotel, relax, and get ready for dinner.

Dine at one of our many local-flavor restaurants.

Enjoy an evening out and catch a performance at one of our many venues: Chester Fritz Auditorium; Firehall Theatre; Empire Theater; or the Alerus Center. (subject to scheduling)

Return to the hotel and relax by the pool or enjoy a soak in the hot tub before calling it an evening!